



**Kaiser Permanente Intergenerational
Trauma and Healing
Grantees by Region**



Kaiser Permanente's Commitment to Equity

About the Cover

In June 2020, Kaiser Permanente Chairman and CEO, Greg Adams, stood in front of the *Remember Them: Champions for Humanity Monument* in Oakland, California and announced a series of actions to advance racial equity and social justice. He also announced Kaiser Permanente's \$40M grant investment to help end systemic racism and break the cycles of stress and trauma that lead to poor health outcomes, including supporting grassroots organizations led by Black, Indigenous and other People of Color (BIPOC). Here's a look at the first round of grantees.

The *Remember Them: Champions for Humanity Monument*, by sculptor Mario Chiodo, is located in the [Henry J. Kaiser Memorial Park](#) (Oakland, California). Twelve years in the making, this four-part sculpture is the largest bronze monument on the west coast, and the only monument in the country dedicated to Civil Rights. The *Remember Them Monument* highlights, in total, the accomplishments of 25 humanitarians from every corner of the globe who have made significant contributions toward global peace, freedom and human rights over the past 150 years.

Summary of Grantees

Kaiser Permanente (KP) is funding new and existing approaches to address structural racism and achieve racial and social justice in Black and other communities of color. Through this multi-year initiative, partner organizations are supported to advance their missions, advocate for policy changes, and provide technical assistance to help communities to organize, build their power and platforms, and promote anti-racism through trauma-informed practices and policies.

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Racial
Healing Grantees
2



Total Funding:
\$230,000



Total Reach:
500+

Early Milestones Colorado
<https://earlymilestones.org/>



Project Summary:

Through "Advancing Equity within Colorado Early Childhood Systems," Early Milestones will provide technical assistance to community-based programs led by BIPOC that address systemic racism to include the voice of children and families; thereby, increasing the influence of these programs within early childhood systems across the state. The goals for this project are (1) for the participating organizations to have enhanced influence within relevant early childhood systems and (2) the voices of families served by participating organizations be amplified and considered within early childhood systems. The ultimate outcome is to advance policies and practices that result in greater equity and social emotional health of Colorado's youngest children and their families.

Reach: N/A

Resilient Communities, Resilient Futures Inc.
<https://resilientfutures.us/>



Project Summary:

Resilient Futures project "Strengthening Family Coping Resources and Healing Racial Trauma," aims to disrupt the cycle of family trauma, particularly racial trauma, through supporting the strengths and resilience of families. The goal is to support children and youth by supporting their caregivers in trauma-informed, resilience-focused skill building with a focus on healing racial stress and trauma for the whole family; in addition, caregivers can then learn to facilitate these sessions for other caregivers in their community.

Reach: 500



Southern Center for Human Rights
<https://www.schr.org/>



Project Summary:

Staff at the Southern Center of Human Rights propose to address mass incarceration, criminalization of poverty, and uneven sentencing across metro Atlanta. Staff will use litigation, re-sentencing and re-entry advocacy, coalition building, and public education to accomplish the project’s goals. Project components will address issues such as seeking to end solitary confinement of prisoners with mental health issues; unsafe and unsanitary jail conditions – particularly in light of COVID-19; and life sentences for juvenile offenders. While the organization’s services are available to all, most clients are low-income African Americans. The proposed project will work with people impacted by the criminal legal system, who are predominantly low-income people of color (representing 58% of the jail and prison population, but 31% of Georgia’s population).

Reach: 3,500

Young Women’s Christian Association (YWCA) of Greater Atlanta
<https://ywcaatlanta.org/>



Project Summary:

The YWCA of Greater Atlanta looks through the lens of racial justice in each of their programs, including the Georgia Women’s Policy Institute (GWPI), their signature advocacy program. This grant will allow an expansion of the program to serve 50 women from Spelman College over the course of the two-year grant has the potential to impact both the Fellows and thousands more women and girls who will benefit from policy change in the State of Georgia. The YWCA currently has a partnership with Spelman College called Truth, Racial Healing and Transformation (TRHT). These TRHT sessions offer organizations, communities, neighborhoods a safe space to come together to share stories, listen deeply to each other and find common ground to enable them to see their common humanity to break down barriers.

Reach: 200





Racial
Healing Grantees
2



Total Funding:
\$230,000



Total Reach:
198



Families First, Inc.
<https://familiesfirst.org/>



Project Summary:

Families First provides intensive case management services to young mothers through its residential facility called "Second Chance Home." While housed at the adult supervised facility, mothers aged 13-21 receive counseling (including the Adverse Childhood Experience & Resilience assessments), physical and mental health care and assistance completing their education. Participants receive intensive case management guided to services by a personal advocate (Navigator). Upon entry into the program, each young mother will work with a Navigator to create a Family Care Plan (FCP) that will include their permanency goal as well as individual goals.

Reach: 48

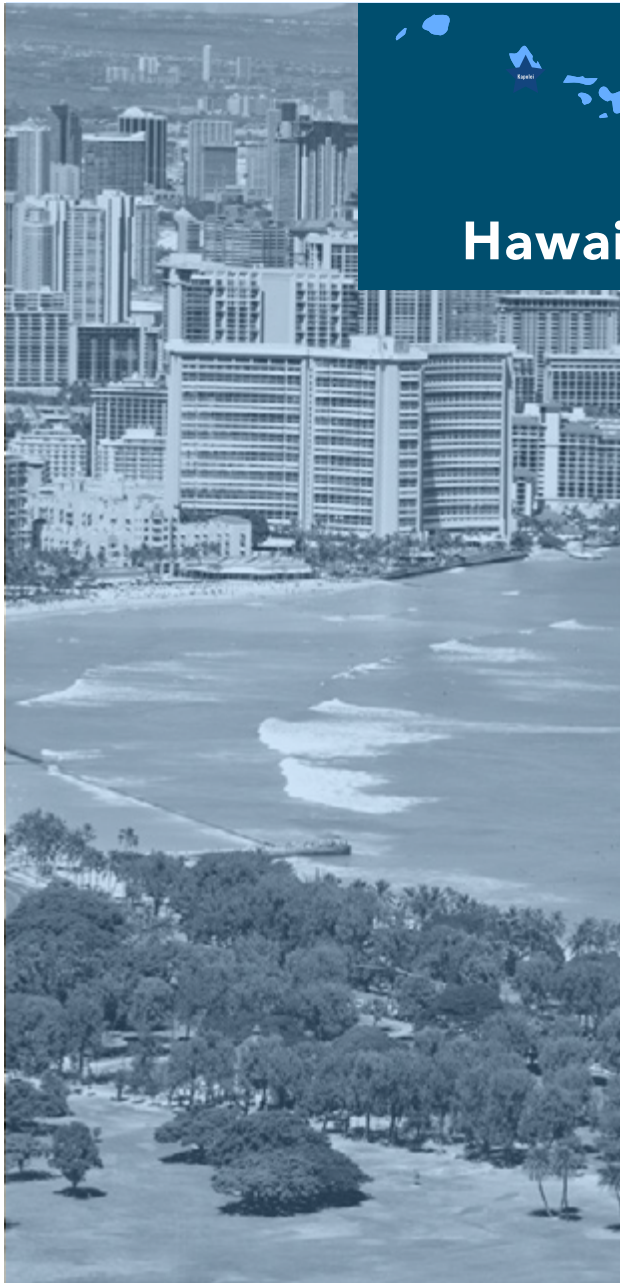
24/7 Gateway, LLC
<https://www.gatewayctr.org/>



Project Summary:

The Upward program goals are to identify the existence of Adverse Childhood Experiences and reduce the negative impact of the trauma, improve compliance and completion of treatment and recovery and increase access to behavioral health services for men experiencing homelessness who have been impacted by Adverse Childhood Experiences and systemic racism. Through appropriate evidence-based interventions and strategies, the Gateway center helps participants heal from ACEs and the trauma of systemic racism by developing a foundation that will help them maintain their sobriety as they transition to sustainable employment and secure permanent housing.

Reach: 150



Racial
Healing Grantees
1



Total Funding:
\$100,000



Total Reach:
20

Partners in Development Foundation
<https://pidf.org/>



Project Summary:

Partners in Development Foundation seeks to create individualized transition Plan of Care for youth in the juvenile justice system and their families, to increase the success of youth as they re-enter society (with education, employment, behavioral/mental health, or independent living). The project will create a Community Navigator position to help youth navigate Hawaii's System of Care, to ensure each youth preparing to leave a juvenile justice program has a smooth transition. The Community Navigator will assist with the development of an individualized Plan of Care for youth and their families which will include goal setting, access to resources, and equip them with the skills needed for long-term success and independent living.

Reach: 20



Mid Atlantic

Racial
Healing Grantees
1



Total Funding:
\$130,000



Total Reach:
50



Roberta's House Inc.
<https://robertashouse.org/>



Project Summary:

The Youth Preservation & Elevation for Social Justice project which builds upon Roberta's Houses' youth ambassador program, wherein youth serve as peer mentors and use their own experience of loss and healing to connect with and support other youth. Preservation & Elevation is an 8-month program where youth meet monthly. To begin the program, participants will complete an ACEs test. Each month focuses on specific topics related to grief and loss/trauma. The program incorporates the six trauma-informed principles endorsed by Substance Abuse and Mental Health Services Administration (SAMHSA): safety; trustworthiness and transparency; peer support; collaboration and mutuality; empowerment; voice and choice; and cultural sensitivity. Preservation & Elevation incorporates some of Alan Wolfelt's principles of mourning, particularly searching for meaning; developing a new self-identity; and receiving ongoing support from others. In partnership with WombWork Productions Inc., youth will participate in character building activities that use creative techniques in their curriculum. Through this funding, 50 youth will be supported to go through the 8-month Youth Preservation and Elevation program.

Reach: 50



N. California

Racial
Healing Grantees
1



Total Funding:
\$350,000



Total Reach:
150

Sierra Health Foundation: Center for Health Program Management
<https://www.sierrahealth.org/home>



Project Summary:

Black Child Legacy Campaign, Healing The Hood – aims to change health and racial inequities by transforming systems and people to better serve vulnerable Black children, youth, and families. The Expansion of the Black Child Legacy Campaign is the focus of this grant application. “The BCLC”, as it is commonly referred to in the community, will expand its partners and impact in Sacramento and the Central Valley.

Reach: 150





Northwest

Racial Healing Grantees

1



Total Funding:

\$230,000



Total Reach:

475

Kairos PDX
<https://kairospdx.org/>



Project Summary:

KairosPDX leads a Resiliency-Based Practices for Minimizing Trauma initiative, focused on closing racial achievement and opportunity gaps through direct service to children and families, policy, and training. KairosPDX does this with an intentional focus on the social/emotional wellbeing of children and families through education, care and connection. Kairos PDX will utilize an innovative model that is culturally specific and rooted in neuroscience. Kairos PDX will transform the lives of children, families, and communities they serve through this program and work to impact systems through training as well as working with elected and appointed educational leaders to promote policies that reflect these core values.

Reach: 475

S. California



Racial Healing Grantees
3



Total Funding:
\$350,000



Total Reach:
675



El Centro del Pueblo
<https://ecdpla.org/>



Project Summary:

The program will serve youth aged 10-15 living in Northeast Los Angeles, Echo Park, East Hollywood, Rampart or South LA (SPA 6). Families living in these services areas experience higher rates of poverty when compared to other LA neighborhoods, are predominantly Latino or African-American, have low educational attainment and typically experience higher rates of medical problems such as diabetes or mental health issues. Access to appropriate medical care is a common barrier for these communities.

Reach: 75

Positive Results Center
<https://www.nsvrc.org>



Project Summary:

Positive Results Center will conduct Healing Through Trauma, an arts-based awareness and prevention program targeting Black/African American youth, young adults, and families, including those who identify as LGBTQIA, at-risk, and low income to address intergenerational violence, abuse, and trauma which result in health disparities and improve health equity for historically marginalized and underserved communities of color. PRC will also provide Culturally Specific and Sensitive training to provider and educators who serve target audiences in Compton, Gardena, South Los Angeles (Athens, Westmont, Willowbrook area) and Watts.

Reach: 500

Therapeutic Play Foundation
<https://www.therapeuticplayfoundation.org/>



Project Summary:

This project includes monthly outreach events targeted at decreasing maladaptive health symptoms associated with race-based toxic stress. The task force will serve as community ambassador and educator on good mental health strategies (evidence-based) and treatments in the Black community - a population with a history of mistrust of systems. TPF's outreach efforts will include monthly outreach events and interventions that focus on the most vulnerable populations: seniors, the homeless, LGBTQIA, domestic violence and human trafficking survivors, those experiencing trauma, anxiety or educational difficulties. These outreach efforts will be documented for a Black Mental Health docu-series to share powerful stories and decrease stigma (in partnership with the LA County Department of Public Health African American Infant and Maternal Mortality group and the LA County Department of Mental Health Black Mental Health Task Force).

Reach: 100





Washington

Racial
Healing Grantees
2



Total Funding:
\$230,000



Total Reach:
280



Our Sisters House
<https://www.oursistershouse.com/>



Project Summary:
OSH will provide intensive, culturally specific programming to support and empower Black and African American youth who have been impacted by trauma and or violence. The program will help teens build resiliency and healthy relationships in Tacoma, WA, a city where 26% of children live in poverty. COVID-19 has increased already alarming rates of youth depression, exposure to violence, and early drug use contributing to ACES and trauma. The program fills a gap in the Pierce County community for intervention services for Black and African American youth entangled with the criminal justice system. Youth will receive one on one supports by family management specialists who look like them and can relate to them.
Reach: 160

Glover Empowerment Mentoring (GEM)
<https://www.strongchildren.org/contact/>



Project Summary:
The Health & Wellness, Social & Emotional Project will provide outreach, mentoring, and education to youth and young adults of color in disenfranchised schools and communities around King County, with an emphasis on South King County. GEM's clientele come from low socio-economic status households and receive some form of government assistance. GEM will expand two programs with this funding: RAW GEMStones and ROOTS. Both programs will screen for ACES using the Pediatric ACES and Related Life-events screener, provide culturally relevant opportunities and mentoring for youth to learn about ACES/trauma, explore its impact individually and societally, and evaluate results using the HOPE scale.
Reach: 120



**“Injustice anywhere
is a threat to justice
everywhere.”**

Dr. Martin Luther King Jr.
From “Letter from a Birmingham Jail,” April
1963