Beginning January 6th, 2022, all programs and sessions will take place in-person at Robert House, located at 928 E North Ave, Baltimore MD 21202. Virtual options may still be offered through Zoom or video conferencing for some of our programs.

If you have any questions, please call (410) 235-6633 or email info@robertashouse.org

**ADULT PROGRAMS**

**BALTIMORE CITY**

**Life After Loss** (LAL) and **Still A Mom** (Mom) are both ten-week support groups that support moms who have experienced a pregnancy or infant loss. Roberta’s House Healing Ourselves presents each group through Peer Empowerment (HOPE) Project. The HOPE Project educates, empowers, and supports mothers who have experienced a pregnancy or infant loss. Partners are welcome to attend these sessions!

**Day of the Week:** Mondays *(Virtual through February 2022)*
**Starting:** December 13th, 2021 – February 28th, 2022
**Time:** 5:30pm – 8:00pm.
To register, contact Mrs. Angela Dunlap via email at adunlap@robertashouse.org or call 410-235-6633 ext108.

**M.E.M.E. (Moms Encouraging Moms every day)** A new 5-week support group provides a safe space for moms to share their stories and create new memories. Angel Moms will learn to give encouragement and support to all moms every day, apply grief tools to assist them through their grief journey and apply those tools to their everyday life, create their toolkit which would include their “Own Words”, and Find space to honor and experience their grief as Love. Our Support Groups are free for all eligible participants.

If interested in participating, contact Angela Dunlap, Program Manager for the H.O.P.E Project via email at adunlap@robertashouse.org or call 410-235-6633 ext. 108.

**A Time of Sharing** is an adult peer support group for individuals who have experienced the death of someone close. The support group helps survivors understand their grief experience and guides them through their grieving process.

**Day of the Week:** Thursdays
**Starting:** January 6, 2022 – March 10, 2022
**Time:** 1pm-3pm or 6:30pm – 8:30pm
To register: Please contact Mr. Adam Johnson via email at ajohnson@robertashouse.org or call 410-235-6633 ext118.
Men of Loyalty & Dignity (M.O.L.D.) is a peer support group specifically for men. This group is designed to help men navigate through their grief journey and provides them with a safe place to share their grief experiences.

**Day of the Week:** Mondays  
**Starting:** January 10\(^{th}\), 2022– March 21\(^{st}\), 2022  
**Time:** 6:00pm – 8:00pm

**To register please visit:** [https://bit.ly/MOLDMensGroup](https://bit.ly/MOLDMensGroup). For more information, contact Mr. Adam Johnson at ajohnson@robertashouse.org or call 410-235-6633 ext118.

A Time of Sharing Encouraging and Reconnection is a virtual group for past Time of Sharing participants to reconnect, share about your healing journey and how we can continue to support you.

**Day of the Week:** Every 2\(^{nd}\) Wednesday of the month  
**Starting:** Ongoing  
**Time:** 6:00pm – 8:00pm  
**To register:** Please contact Mr. Adam Johnson via email at ajohnson@robertashouse.org or call 410-235-6633 ext118.

The Homicide Transformation Project is an adult peer support group for survivors of homicide and is sponsored by the Homicide Survivor Advocacy Program.

**Days of the Week and times:**  
Mondays: 6:00pm-8:00pm  
Wednesday: 10:00am-12:00pm  
Thursday (virtual): 6:00pm-8:00pm  
**Starting:** January 10\(^{th}\), 2022– March 15\(^{th}\), 2022  
**To register:** Please contact Ms. Zina Harris via email at zharris@robertashouse.org or call 410-235-6633 ext119.

**Prince George’s County**

A Time of Sharing is an adult peer support group for individuals who have experienced the death of someone close. The support group helps survivors understand their grief experience and guides them through their grieving process. The Prince George’s County group is for various death losses, including a loss to COVID-19.

**Day of the Week:** Mondays  
**Starting:** March 7\(^{th}\), 2022- April 25\(^{th}\), 2022  
**Time:** 6:00pm – 8:00pm.  
**To register:** Please contact Mrs. Yolonda Nelson-Swain by calling 301-880-5100 ext. 201 or via email at ynelsonswain@robertashouse.org
The Homicide Transformation Project is an adult peer support group for survivors of homicide and is sponsored by the Homicide Survivor Advocacy Program. These groups are held in both Baltimore City and Prince George’s County.

**Day of the Week:** Thursday  
**Starting:** January 13th, 2022– March 3rd, 2022  
**Time:** 6:00pm – 8:00pm  
**To register:** Please contact Mrs. Yolonda Nelson-Swain by calling 301-880-5100 ext 201 or via email at ynelsonswain@robertashouse.org

Un Tiempo de Compartir es un grupo de apoyo para adultos mayores de 18 años que han experimentado la pérdida de un ser querido. El grupo de apoyo sirve de guía y apoyo a los sobrevivientes, ayudándoles a entender el proceso de duelo y ofreciendo información para ayudarles a superar el proceso de pérdida. La duración de este grupo es de 8 semanas.

**Día de la semana:** Lunes  
**Comienzo:** 3 de enero, 2022– 28 de febrero, 2022  
**El tiempo:** 6:00pm – 8:00pm.

**Para más información llame al 443-610-6429 o correo electrónico ematienzo@robertashouse.org.**

### FAMILY PROGRAMS

**Baltimore City**

Families Healing Together is a peer support group for families with children ages 5-17. The children will meet separately from the adults. The children will break into groups by age to ensure the grief support they receive will meet them in their stage of development.

**Day of the Week:** Tuesday  
**Starting:** January 11th, 2022– March 15th, 2022  
**Time:** 5:30pm-8:00pm  
**To register:** Please contact Mr. Adam Johnson via email at ajohnson@robertashouse.org or call 410-235-6633 ext118.

Rays of Hope is a family peer support group sponsored by the Homicide survivor Advocacy Program. This group is for families with children ages 2 - 17 who have experienced a death due to homicide.

**Day of the Week:** Tuesday  
**Starting:** February 1st, 2022– April 12th, 2022  
**Time:** 6:00pm-8:00pm  
**To register:** Please contact Mrs. Elena De La Cruz via email at delacruz@robertashouse.org or call 410-235-6633 ext.112.
Prince George's County

Rays of Hope is a family peer support group sponsored by the Homicide Survivor Advocacy Program. This group is for families with children ages 2 - 17 who have experienced a death due to homicide. This program is offered in Baltimore City and one for Prince George's County.

Day of the Week: Tuesday  
Starting: January 11th, 2022– March 22nd, 2022  
Time: 6:00pm – 8:00pm.  
To register: Please contact Mrs. Yolonda Nelson-Swain via email at ynelsonswain@robertashouse.org or call 301-880-5100 ext. 201

YOUTH PROGRAMS

Baltimore City

Changing the Game is a peer support group for teens age 13-17. Our teens will meet together with our youth services team, except when there is inclement weather. The teens receive grief support and education. They also participate in fun and interactive activities like games, talent shows, and Holiday parties.

Day of the Week: Thursday  
Starting: January 13th, 2022– July 28th, 2022  
Time: 6:00pm-8:00pm  
To register: Please contact Mrs. Dorenzer Thomas via email dthomas@robertashouse.org or call 410-235-6633 ext.112

Peer Ambassadors are students and youth who have been selected from various programs at Roberta’s House to undergo training that will prepare them to support peers who are dealing with grief, loss, and trauma in hopes of creating forever bonds and opportunities for empathy, resilience, and coping.

Day of the Week: Thursday  
Starting: January 13th, 2022– July 28th, 2022  
Time: 6:00pm-8:00pm  
To register: Please contact Mrs. Dorenzer Thomas via email at dthomas@robertashouse.org or call 410-235-6633 ext.112
Camp Erin Baltimore® Winter Session 2022 is a free bereavement camp for youth who are grieving the death of a significant person in their lives. Children and teens ages 6 to 17 attend a virtual camp experience that combines grief education and emotional support with fun activities. Must register online to get a full application. Register for application: https://robertashouse.org/events/

**Dates and times:** Friday, February 25th, 2022 5pm-8pm  
Saturday, February 26th, 2022  
11:00am-6:30pm  
For more information call 410-235-6633 or email camperin@robertashouse.org

**Baltimore School-Based Program**

**Good Grief Workshops** Good Grief Workshops are a one-hour introduction to the topic of grief and loss and addresses the significant impact it may have on a student achieving academic goals. The entire class of students will receive grief support and education.

**Growing Through Loss** Peer Support Groups are school-based programs in Baltimore City and Prince George's County. Growing Through Loss is a 10-week support group for students to address grief and loss, participate in activities to teach how to express feelings, and adopt healthy coping skills.

For more information on school-based groups contact Mrs. Dorenzer Thomas via email at dthomas@robertashouse.org or call 410-235-6633 ext. 116.

**Prince George's County**

**Prince George’s County School-Based Program**

**Good Grief Workshops** Good Grief Workshops are a one-hour introduction to the topic of grief and loss and addresses the significant impact it may have on a student achieving academic goals. The entire class of students will receive grief support and education.

**Growing Through Loss** Peer Support Groups are school-based programs in Baltimore City and Prince George's County. Growing Through Loss is a 10-week support group for students to address grief and loss, participate in activities to teach how to express feelings, and adopt healthy coping skills.

For more information on our school based programs, please call 301-880-5100 or email ntturnerwaters@robertashouse.org
**Peer Ambassadors** are students and youth who have been selected from various programs at Roberta's House to undergo training that will prepare them to support peers who are dealing with grief, loss, and trauma in hopes of creating forever bonds and opportunities for empathy, resilience, and coping.

For information on our Peer Ambassador Program, please call 301-880-5100 or email ynelsonswain@robertashouse.org

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**COMMUNITY ENGAGEMENT**

**Roberta's House Volunteer Training:** Our volunteers support everything we do. From supporting our office staff with administrative duties, to assisting with facilitating groups. We would not be able to do all that we do without the support from our volunteers.

**Dates and times:**
- Thursday January 27th, 2022: 8:30am-5:00pm
- Friday January 28th, 2022: 8:30am-5:00pm
- Saturday January 29th, 2022: 8:30am-5:00pm

**Register:** [https://robertashouse.org/events/](https://robertashouse.org/events/)

If you have any questions about RH volunteer please contact Kelli Brooks at 410-235-6633 or email kbrooks@robertashouse.org.