All programs and sessions will take place in-person at both Robert House locations. The Baltimore Center is located at 928 E North Ave, Baltimore MD 21202 and the Prince Georges County Center is located at 1802 Brightseat Road, Landover, MD 20785. Virtual options may still be offered through Zoom or video conferencing for some of our programs. If you have any questions, please call (410) 235-6633 or email info@robertashouse.org

ADULT PROGRAMS

BALTIMORE CITY

**Life After Loss** (LAL) and **Still A Mom** (Mom) are both ten-week support groups that support moms who have experienced a pregnancy or infant loss. Roberta’s House Healing Ourselves presents each group through Peer Empowerment (HOPE) Project. The HOPE Project educates, empowers, and supports mothers who have experienced a pregnancy or infant loss. Partners are welcome to attend these sessions!

- **Day of the Week:** Mondays
- **Starting:** September 19th, 2022 – November 28th, 2022
- **Time:** 6:00pm – 8:00pm.
- **To register,** contact Mrs. Angela Dunlap via email at adunlap@robertashouse.org or call 410-235-6633 ext108.

**A Time of Sharing** is an adult peer support group for individuals who have experienced the death of someone close. The support group helps survivors understand their grief experience and guides them through their grieving process.

- **Day of the Week:** Thursdays
- **Starting:** August 11th, 2022 – September 29th, 2022
- **Time:** 1:00 pm-3:00 pm or 6:00pm – 8:00pm
- **To Register:** Please contact us via info@robertashouse.org or call 410-235-6633.

**Men of Loyalty & Dignity (M.O.L.D.)** is a peer support group specifically for men. This group is designed to help men navigate through their grief journey and provides them with a safe place to share their grief experiences.

- **Day of the Week:** Mondays
- **Starting:** September 12th – November 14th, 2022
- **Time:** 6:00pm – 8:00pm
- **To register:** Please contact us via kbooks@robertashouse.org or call 410-235-6633
A Time of Sharing Encouraging and Reconnecting is a virtual group for past Time of Sharing participants to reconnect, share about your healing journey and how we can continue to support you.

Day of the Week: Every 2nd Wednesday of the month
Starting: Ongoing
Time: 6:00pm – 8:00pm
To Register: Please contact us via info@robertashouse.org or call 410-235-6633

**PRINCE GEORGE’S COUNTY**

A Time of Sharing is an adult peer support group for individuals who have experienced the death of someone close. The support group helps survivors understand their grief experience and guides them through their grieving process.

Day of the Week: Mondays
Starting: August 29th, 2022 – October 24th, 2022
Time: 6:00pm – 8:00pm.
To register please contact Mrs. Yolonda Nelson-Swain by calling 301-880-5100 ext. 201 or via email at ynelsonswain@robertashouse.org

The Homicide Transformation Project is an adult peer support group for survivors of homicide and is sponsored by the Homicide Survivor Advocacy Program. These groups are held in both Baltimore City and Prince George’s County.

Day of the Week: Thursday
Starting: September 29th, 2022- December 15th, 2022
Time: 6:00pm – 8:00pm.
To register please contact Mrs. Yolonda Nelson-Swain by calling 301-880-5100 ext. 201 or via email at ynelsonswain@robertashouse.org

Un Tiempo de Compartir es un grupo de apoyo para adultos mayores de 18 años que han experimentado la pérdida de un ser querido. El grupo de apoyo sirve de guía y apoyo a los sobrevivientes, ayudándoles a entender el proceso de duelo y ofreciendo información para ayudarles a superar el proceso de pérdida. La duración de este grupo es de 8 semanas.

Día de la semana: Lunes
Comienzo: 29 de Aug – 24 de Oct
El tiempo: 6:00pm – 8:00pm.

Para más información llame al 443-610-6429 o correo electrónico ematienzo@robertashouse.org.
FAMILY PROGRAMS

Baltimore City

Families Healing Together is a peer support for families with children ages 5-17. This group is sponsored by the Homicide Survivor Advocacy Program. This group is for families with children ages 2 - 17 who have experienced a death due to homicide. This program is offered in Baltimore City and one for Prince George’s County.

Day of the Week: **Tuesday**
Starting: **September 13th, 2022 – November 15th, 2022**
Time: **6:00pm – 8:00pm**
To register please contact us at 410-235-6633 or email at info@robertashouse.org

Rays of Hope is a family peer support group sponsored by the Homicide Survivor Advocacy Program. This group is for families with children ages 2 - 17 who have experienced a death due to homicide. This program is offered in Baltimore City and one for Prince George’s County.

Day of the Week: **Tuesday**
Starting: **September 13th, 2022 – November 22nd, 2022**
Time: **6:00pm – 8:00pm**
To register please contact Ms. Yvonne Simmons via email at ysimmons@robertashouse.org or call 410-235-6633 ext. 117

Prince George’s County

Rays of Hope is a family peer support group sponsored by the Homicide Survivor Advocacy Program. This group is for families with children ages 2 - 17 who have experienced a death due to homicide. This program is offered in Baltimore City and one for Prince George’s County.

Day of the Week: **Tuesday**
Starting: **September 13th, 2022 – November 22nd, 2022**
Time: **6:00pm – 8:00pm**
To register please contact Mrs. Yolonda Nelson-Swain via email at ynelsonswain@robertashouse.org or call 301-880-5100 ext. 201
YOUTH PROGRAMS

Baltimore City

Changing the Game is a peer support group for teens age 13-17. Our teens will meet together with our youth services team, except when there is inclement weather. The teens receive grief support and education. They also participate in fun and interactive activities like games, talent shows, and Holiday parties.

Day of the Week: Thursday
Starting: September 8th, 2022 – December 22nd, 2022
Time: 4:00pm – 6:00pm
To register: Please contact Mrs. Dorenzer Thomas via email dthomas@robertashouse.org or call 410-235-6633 ext. 112

Peer Ambassadors are students and youth who have been selected from various programs at Roberta’s House to undergo training that will prepare them to support peers who are dealing with grief, loss, and trauma in hopes of creating forever bonds and opportunities for empathy, resilience, and coping.

Day of the Week: Wednesday
Starting: September 14th, 2022 – December 21st, 2022
Time: 4:00pm - 6:00pm
To register: Please contact Mrs. Dorenzer Thomas via email at thomas@robertashouse.org or call 410-235-6633 ext.112

Baltimore School-Based Program

Good Grief Workshops Good Grief Workshops are a one-hour introduction to the topic of grief and loss and addresses the significant impact it may have on a student achieving academic goals. The entire class of students will receive grief support and education.

Growing Through Loss Peer Support Groups are school-based programs in Baltimore City and Prince George’s County. Growing Through Loss is a 10-week support group for students to address grief and loss, participate in activities to teach how to express feelings, and adopt healthy coping skills.

For more information on school-based groups contact Mrs. Dorenzer Thomas via email at dthomas@robertashouse.org or call 410-235-6633 ext. 116
Prince George’s County

**Prince George’s County School-Based Program**

**Good Grief Workshops** Good Grief Workshops are a one-hour introduction to the topic of grief and loss and addresses the significant impact it may have on a student achieving academic goals. The entire class of students will receive grief support and education.

**Growing Through Loss** Peer Support Groups are school-based programs in Baltimore City and Prince George’s County. Growing Through Loss is a 10-week support group for students to address grief and loss, participate in activities to teach how to express feelings, and adapt healthy coping skills.

For more information on our school-based programs, please call Mrs. Yolanda Nelson-Swain at 301-880-5100 ext. 201 or via email at ynelsnswain@robertashouse.org

**Peer Ambassadors** are students and youth who have been selected from various programs at Roberta’s House to undergo training that will prepare them to support peers who are dealing with grief, loss, and trauma in hopes of creating forever bonds and opportunities for empathy, resilience, and coping.

For information on our Peer Ambassador Program, please call 301-880-5100 or email ynelsnswain@robertashouse.org

**Community Engagement**

**Roberta’s House Volunteer Training:** Our volunteers support everything we do from supporting our office staff with administrative duties, to assisting with facilitating groups. We would not be able to do all that we do without the support from our volunteers.

If you have any questions about RH volunteer please contact Kelli Brooks at 410-235-6633 or email kbrooks@robertashouse.org
BEREAVEMENT MINISTRY TRAINING

Roberta's House offers community leaders, healthcare professionals, educators, and clergy the opportunity to gain insight and information that will help strengthen their ability to assist children and families grieving the loss of a loved one.

The intensive educational bereavement workshops prepare participants with a thorough understanding of grief and the grieving process. The workshops are given through Roberta's Houses’ experienced and licensed professionals on a range of topics. Continuing Education Credits (CEU’s) are awarded to mental health professionals and clergy.

**Dates and times:**
- September 23rd, 2022 8:30am- 4:30pm
- September 24th, 2022: 8:30am-5:00pm

**Register:** [https://robertashouse.org/events/](https://robertashouse.org/events/)

If you have any questions about Bereavement Training please contact us at 410-235-6633 or email [info@robertashouse.org](mailto:info@robertashouse.org)