



PROGRAM GUIDE

Quarterly Publication

Winter 2026

Compassionate Care for Grieving
Marylanders

PEER SUPPORT PROGRAMS

Thursday Day Group
January 8 - March 5, 2026
1:00 pm - 3:00 pm

A Time of Sharing is an adult peer support group for individuals who have experienced the death of someone close. The support group helps survivors understand their grief experience and guides them through their grieving process.

Thursday Evening Group
January 8 - March 5, 2026
6:00 pm - 8:00 pm

A Time of Sharing is an adult peer support group for individuals who have experienced the death of someone close. The support group helps survivors understand their grief experience and guides them through their grieving process.

Monday
January 12 - March 16, 2026
6:00 pm - 8:00 pm

Men of Loyalty & Dignity (M.O.L.D.) is a peer support group specifically for men. This group is designed to help men navigate their grief journey and provide them with a safe place to share their grief experiences.

PEER SUPPORT PROGRAMS

Wednesday Day Group
January 14 – March 25, 2026
10:00 am – 12:00 pm

The Homicide Transformation Project is an adult peer support group for survivors of homicide and is sponsored by the Homicide Survivor Advocacy Program.

Thursday Evening Group
January 15 – March 26, 2026
6:00 pm – 8:00 pm

The Homicide Transformation Project is an adult peer support group for survivors of homicide and is sponsored by the Homicide Survivor Advocacy Program.

TUESDAY
January 14 – March 25, 2026
6:00 pm – 8:00 pm

Rays of Hope is a family peer support group sponsored by the Homicide Survivor Advocacy Program. This group is for families with children ages 2 - 17 who have experienced a death due to homicide.

PEER SUPPORT PROGRAMS

Healing Ourselves Through Peer Empowerment (HOPE Project)

Peer Support Groups offer compassionate, evidence-based, and trauma-informed peer support for families navigating pregnancy loss or infant death. All services are free of charge and designed to foster healing, connection, and hope.

Pregnancy After Loss (PAL) is a ten-week support groups that support moms who have experienced a pregnancy or infant loss. Offered in hybrid format (virtual, text).

Still A Mom (SAM) is a ten-week support groups that support moms who have experienced a pregnancy or infant loss. Offered in hybrid format (virtual, text).

Life After Loss (LAL) provides support for Angel Moms as they honor their loss, share their stories, and begin the journey of rebuilding and reinvesting in a new reality. Offered in hybrid format (virtual, text).

Holding On to Hope (HOTO) A safe and supportive space created for Angel Dads to honor their grief, find connection, and embrace hope after pregnancy or infant loss. Offered in text format only.

Still a Family (SAF) A monthly, co-ed drop-in group offering a safe and supportive space for Angel Moms and Angel Dads grieving pregnancy loss or the death of an infant. Offered in telephone format only.

Monday
January 12 – March 23, 2026
Time: 6:00 pm – 8:00 pm

FAMILY SUPPORT PROGRAMS

Monday
Every Second Monday
6:00 pm – 8:00 pm

Hope After Loss Outreach (HALO) is a virtual peer support group for families grieving the loss of a child aged 0-17. Offered in partnership with the Maryland Department of Health.

Tuesday
January 13 – March 24, 2026
6:00 pm – 8:00 pm

Families Healing Together is a peer support group for families with children ages 5-17. The children will meet separately from the adults. The children will break into groups by age to ensure the grief support they receive will meet them in their stage of development.

844-227-3478

24/7 Homicide Advocate Support Line provides immediate, around-the-clock assistance for individuals and families impacted by homicide. Trained advocates offer emotional support, guidance, and resources at any hour to help callers navigate the earliest and most overwhelming stages of grief and crisis.

YOUTH SUPPORT PROGRAMS

Wednesday Day Group
March 27 – May 29, 2026
4:00 pm – 6:00 pm

Changing the Game is a peer support group for teens ages 13–17. CTG brings young people together with our youth services team to foster meaningful connections and growth. Participants receive grief support and practical coping tools while also enjoying engaging activities like games, talent showcases, and holiday celebrations that foster community and confidence.

SCHOOL BASED PROGRAMS

Good Grief Workshops are a one-hour introduction to grief and loss and address its significant impact on a student's achievement of academic goals. The entire class of students will receive grief support and education.

Growing Through Loss Peer Support Groups are Baltimore City and Prince George's County school-based programs. Growing Through Loss is a 10-week support group for students to address grief and loss, participate in activities to teach how to express feelings, and adopt healthy coping skills.

Peer Ambassadors

Peer Ambassadors are students and youth selected from various programs at Roberta's House to undergo training to support peers dealing with grief, loss, and trauma in hopes of creating bonds and opportunities for empathy, resilience forever, and coping.

SPECIALIZED SUPPORT PROGRAMS

Friday
January 30 - April 3, 2026
Time: 11:00 am - 12:30 pm

HOPELine = Healing • Outreach • Prevention • Education is not a hotline—it's a lifeline. It connects individuals and families impacted by grief, loss, and trauma related to opioid misuse and overdose with free grief support, resources, and pathways to healing.

We offer a ten-week support group for individuals who have lost a significant person due to opioid use.

Behavioral Health Program
Intensive Case Management

Behavioral Health Program provides clinical mental health services to children, adults, and families ages five and above. We specialize in providing a safe space for confidential individual, group, family, and couples therapy to those who are grieving.

Intensive Case Management Program supports overall well-being through therapeutic care that helps you recover and manage the physical, emotional, and social challenges that can come with significant life changes.

COMMUNITY PROGRAMS

Winter 2026
January 23–January 24, 2026
8:30 AM – 5:00 PM

Roberta's House Bereavement Ministry Training offers clergy, faith and community leaders, healthcare professionals and educators the opportunity to gain insight and information that will help strengthen their ability to assist children, adults and families grieving the loss of a loved one.

Winter 2026
TBD
8:30 AM – 5:00 PM

Volunteer Training Our volunteers support everything we do. From supporting our office staff with administrative duties to assisting with facilitating groups. We would not be able to do all that we do without the support from our volunteers.

CONTACT US

ENROLL IN AN UPCOMING PROGRAM

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